Deborah M. Burke-Allen

REGISTERED PHARMACIST

CONTACT

LOCATION
Charlotte, North Carolina
Remote or hybrid
Full-time preferred

PHONE
(704) 651-8222

EMAIL
bridgestowellness@icloud.com

LICENSURE
NC Board of Pharmacy
License #14013
Issued under Deborah M. Allen

AT A GLANCE

25+ yrs	licensed pharmacy and healthcare
~$360K	annual private-label supplement line
25	formulations with final label approval
3	practitioner mentorship cohorts

CORE COMPETENCIES

LABEL, QUALITY, AND SAFETY
DSHEA Claims Substantiation
Supplement Label Approval
Certificate of Analysis Review
Adverse Event Intake

CLINICAL PROGRAMS
Medication Therapy Optimization
Drug-Supplement Interactions
Lab Interpretation
Evidence-Based Medical Writing

LEADERSHIP
HCP and Practitioner Education
Mentoring and Coaching
Cross-Functional Collaboration
Presentations and Speaking

Deborah M. Burke-Allen, RPh | Charlotte, NC | (704) 651-8222 | bridgestowellness@icloud.com
linkedin.com/in/integrativepediatricpharmacist | deborahburkeallen.github.io

PHARMACY | SUPPLEMENT LABELS AND CLAIMS | CLINICAL CONTENT

Registered pharmacist with 25+ years in healthcare, fluent in how medications, nutrition, and supplements act across the body's interconnected systems. Brings 15 years of high-volume, regulated pharmacy practice, plus prior authorization experience from both the dispensing pharmacy and the prescriber's office. At an integrative pediatric practice, built the clinical education program, led the private-label supplement line, and mentored MDs, DOs, and NPs. Researches faster with AI, verifying each source.

WHAT I BRING TO YOUR TEAM
A pharmacist's rigor and a builder's instinct. I decide what the evidence supports, hold each label and claim to it, and turn complex science into programs and content that people trust and use.

Professional Experience

INFINITE HEALTH PLLC / HEALTHY KIDS, HAPPY MOMS

2015 - MAY 2026 | CHARLOTTE, NC

Integrative Pharmacist, Clinical Education and Healthcare Strategy
Practice Development Lead

- Led development and scaling of a private-label supplement line of 25 formulations (about **$360,000 a year**), from formula selection and sourcing to Supplement Facts, DSHEA structure/function claims, and final label approval.
- As the practice's primary evidence, formulation, and product-research lead, vetted manufacturers' existing formulas for minimal excipients, absorbability, and purity; reviewed batch COAs and stability data from 3 manufacturers.
- Governed the portfolio by evidence: when the practice owner sought alternatives, researched every option and recommended keeping current products; documented a reformulation's likely efficacy loss, and the manufacturer restored the original formula.
- Kept lot records; took families' adverse event reports, relayed each to the manufacturer, and checked whether the reaction was common or unusual.
- Negotiated direct supply with BiAloe (2019); during a six-month probiotic backorder, identified and vetted alternate sources by specification and COA.
- Led the EHR migration from HelloHealth to Elation: selection, setup, pilot run, scheduling-team training, clinical templates, and integration of outside lab data.
- Built the practice's clinical systems, including protocol and decision-support guides, and all public-, practitioner-, and patient-facing education, from handouts to weekly family roundtables, explaining the why behind each step.
- Led three twice-monthly Integrative Pediatrics Practitioner Mentorship cohorts for MDs, DOs, and NPs: case studies, supplement and medication education, test interpretation, and clinic strategy, with templates and resources.
- Researched complex cases in PubMed (with UpToDate for clinical context) and presented cited, staged plans to the physician and family.

Deborah M. Burke-Allen

REGISTERED PHARMACIST

PROFESSIONAL PHILOSOPHY

> *Health is written in biochemistry. When the body is nourished at the cellular level, its systems communicate in synergy, and that is where health and healing reside. I translate that science into guidance people trust and choices they make every day.*

EDUCATION AND LICENSURE

ALBANY COLLEGE OF PHARMACY
Bachelor of Science in Pharmacy

REGISTERED PHARMACIST
North Carolina
License #14013
Issued under Deborah M. Allen

MAPS 2024
Functional and Integrative Care

GENETIC SNPS AND EPIGENETICS
Seeking Health / Dr. Ben Lynch
2017 - 2018
StrateGene report presentation

PLATFORMS AND TOOLS

UpToDate, Lexidrug,
Natural Medicines, PubMed,
PDX pharmacy system,
Elation EHR, Hint Health, Shopify,
Salesforce, ActiveCampaign,
Microsoft Excel (pivot tables),
Word, PowerPoint,
Google Workspace, Canva,
Claude and Claude Code,
ChatGPT, Perplexity, GitHub Pages

PROGRAM MANAGEMENT

Program and Project Management
Workflow and Process Design
EHR Implementation
AI-Assisted, Verified Content

INFINITE HEALTH (CONTINUED)

- Integrated GI-MAP, Doctor's Data, and Genova stool analyses with organic acids profiles of energy production, detoxification, mitochondrial stress, and digestion into one connected clinical picture.
- Read conventional labs against optimal, not merely normal, ranges and presented StrateGene nutrigenomic reports, turning the connected picture into precise, individualized guidance that holistically unburdens the body.
- Recommended medication, nutrition, and supplement regimens; managed prior authorizations and lab claim denials from the prescriber's office.
- Championed Hint Health; co-designed membership enrollment, Zoom orientation, and intake, enabling a rapid move to virtual care during COVID-19.

TRANSFORMATION ENZYME CORPORATION

2014 - 2015

Clinical Education and Provider Support Specialist

- Delivered national training that made enzyme and nutrition science practical for clinicians; answered product, protocol, and California Proposition 65 questions.

TARGET PHARMACY

1998 - 2013 | CHARLOTTE, NC

Supervising Pharmacist (Pharmacy Manager), 1998 - 2000
Pharmacist, 2000 - 2004; District Relief Pharmacist, 2004 - 2008
Staff Pharmacist, 2008 - 2013

- Opened the Stonecrest pharmacy and led its Y2K readiness; as a certified patient-counseling trainer, taught a 6-hour CE program across Carolinas districts.
- As pharmacist in charge on manager-off shifts, directed technicians, workflow, staffing, and inventory; cross-trained staff to absorb prescription surges.
- Resolved commercial and Medicaid claim rejections at the point of sale and coordinated prior authorizations with prescribers, reviewing covered alternatives and explaining options to patients.

WEGMANS FOOD MARKETS

1994 - 1997

Pharmacy Intern

Selected Projects (2026)

- Re-reviewed two of my own product sheets to a DSHEA label standard: 299v probiotic (of 16 claims, 7 removed, 8 rewritten, 1 kept) and omega-3 (4 removed, 6 rewritten, 3 kept). Found that the aloe page I had written overstated acemannan per serving about 3 to 4 times versus its COA.
- Directed Claude Code with written specifications to build a document pipeline, pass/fail ATS and proofreading checks, and a GitHub Pages portfolio.

Selected Speaking

Signature topics: The Interconnected Body; Pediatric Immune Resilience, presented for the Personalized Lifestyle Medicine Institute with Drs. Jeffrey Bland and Robert Lustig (2022) and for U.S. Department of Veterans Affairs clinicians

Also presented: AHEC Gerontology Conference, 2019; Transformation Enzyme Therapy Conference, 2019; Evolution of Medicine / Functional Forum, 2018